

# Menu 1

Order by | 3pm Friday 25th June

Delivery date | TUESDAY 29th JUNE

# **Delivery A**

## LUNCH

Roast beef salad with potato and cos lettuce - GF, DF, NF
Egg, aioli and chive sandwich - V, NF
Fried rice with bacon and egg - GF, DF, NF

### **DINNER**

Chilli con carne with beef and kidney beans - GF, NF Roast chicken, creamed corn and vegetables - NF, GF Tomato and spinach quiche with tomato chutney - V, NF

#### **DESSERT**

Citrus and coconut cake - V

Madeira cake - V

Fruit salad and yoghurt with maple syrup - V, NF

There will be no further deliveries past 29 June 2021.

Please call 1800 615 677 for further information.

GF = gluten free | NF = nut free | V= vegetarian | DF = dairy free Call 8202 5803 or email mealorders@unitingcommunities.org

Dietaries and preferences will result in duplicates of meals.

If prearranged, meals can left at your delivery address in a thick, insulated cooler bag with ice bricks. Shopping bags are not acceptable. If these requirements are not met, meals will be returned to the kitchen and it will be up to you to collect or arrange a re-delivery.

